

# LONE MOUNTAIN GYMNASTICS & SWIM SCHOOL

## GYMNASTICS SCHEDULE

SEPTEMBER 2019 - JUNE 2020

MAIN GYM: 1237 N ROUSE AVE  
NORTH GYM: 703 BRIDGER DRIVE

406.587.1180  
[ADMIN@LONEMOUNTAIN.BIZ](mailto:ADMIN@LONEMOUNTAIN.BIZ)

ONLINE REGISTRATION & PARENT PORTAL ACCESS AT  
[LONEMOUNTAIN.BIZ](http://LONEMOUNTAIN.BIZ)

CLASS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Description / Requirements	Tuition / mo *
PRESCHOOL GYMNASTICS								
Movement Mania 12m - 2 yrs		9:00-9:30		9:00-9:30	9:00-9:30	Includes various gymnastics-based movement experiences. Encouraging adult accompanies child in class. Student must be able to walk. Adult must be able to easily move over uneven surfaces.		\$52
Jumpers & Bumpers 2 - 3½ yrs	9:35-10:20	9:35-10:20 10:30-11:15		9:35-10:20 10:30-11:15	9:35-10:20			\$66
GymKids 3 yrs - Grade K	10:30-11:15 11:30-12:15 ----- 4:00-4:45 5:00-5:45	9:35-10:20 10:30-11:15 11:30-12:15 ----- 4:00-4:45 5:00-5:45	9:30-10:15 10:30-11:15 11:30-12:15 ----- 4:00-4:45 5:00-5:45	9:35-10:20 10:30-11:15 11:30-12:15 ----- 4:00-4:45 5:00-5:45	10:30-11:15 11:30-12:15 -----	9:00-9:45 10:00-10:45 11:00-11:45 -----	Fun introduction to gymnastics. For kids in preschool/kindergarten. Must be potty trained and willing to participate.	\$66
GYMNASTICS for GIRLS - Ages 6 years and older								
Girls Recreation 6 - 12 yrs	4:00-5:00 5:15-6:15	4:00-5:00 5:15-6:15	4:00-5:00 5:15-6:15	4:00-5:00 5:15-6:15		9:30-10:30 10:45-11:45	Introductory gymnastics skills for girls ages 6-12.	\$72
Girls Advanced (Level 2) 6 - 10 yrs		4:15-6:15		4:15-6:15		9:30-11:30 (Class at North Gym)	Continuation of gymnastics progression with emphasis on form, building strength, flexibility and agility. Successful completion of Level 1 skills & Director approval required.	\$109
Girls Xcel (Levels 2+) 11+ yrs	6:30-8:30 (Class at North Gym)		6:30-8:30 (Class at North Gym)	6:30-8:30 (Class at North Gym)		Opportunity to continue learning gymnastics as a member of a non-traveling team. Prior team members welcome. Successful completion of Level 1 skills required. Director approval required.		\$109
GYMNASTICS for BOYS – Ages 6 years and older								
Boys Recreation 6 - 12 yrs	4:00-5:00 5:15-6:15		4:00-5:00 5:15-6:15			Introductory gymnastics skills for boys ages 6-12.		\$72
Boys Advanced 6 - 12 yrs	4:00-6:00		4:00-6:00			Continuation of gymnastics progression to jump higher and swing bigger while refining skills and form. Successful completion of skills required. Director approval required.		\$109
OTHER FUN CLASSES – Boys & Girls								
X-Challenge Boys 5 - 8 yrs						9:15-10:15 Boys (5-6 yrs) 10:30-11:30 Boys (7-8 yrs)	Ninjas in training! Using obstacle courses, children gain movement efficiency, strength and discipline. Run, jump, swing, climb & roll!	\$72
Beginner Trampoline 6 - 14 yrs		6:15-7:15 7:30-8:30				Learn trampoline fundamentals in a progression-based program leading to front & back flips.		\$72
Advanced Trampoline 6 - 14 yrs				6:15-7:15 7:30-8:30		Taking your flips to the next level. Must be able to consistently land front & back flips to register for class. Director approval required.		

- Tuition fluctuates monthly depending on the number of classes scheduled per month.
- Tuition will be pro-rated when beginning mid-month.
- Tuition is due upon enrollment.
- Enrollment is continuous throughout the school year.
- \$38 Annual Registration fee due per family upon enrollment or enrollment anniversary date.
- Tuition is due monthly on the 25th of each preceding month. Cards on file will be charged on or around the 26th.
- Credit is not given for missed classes.

### **2019-2020 Calendar**

Aug 23	Last day of summer programs
Sept. 3	First day of classes
Nov. 27-30	Thanksgiving Break
Dec. 23-Jan. 4	Winter Break
Jan. 6	Classes resume
Feb. 17	Presidents' Day Break
March 16-21	Spring Break
May 23-25	Memorial Day Holiday
June 10	Last day of classes
June 15	Summer programs begin